



SUNCOAST ALLIANCE FOR LIFELONG LEARNING
PRESENTS

LIFELONG LEARNING EXPO

February 5, 2020 • 8:30 am – 1:30 pm

Carlisle Inn and Conference Center
3727 Bahia Vista St, Sarasota, FL 34232

REGISTRATION

\$50 per person includes lunch buffet
suncoastlifelonglearning.org/llexpo/register-now

EVENT SCHEDULE

- 8:00:** Members & Sponsors set up display tables
- 8:30:** Registration Check-In, Coffee/Tea time and visits to Members/Sponsors Displays
- 9:00:** Welcome and Overview of EXPO20 Objectives/Programs
- 9:15:** Panel 1 – Humor – More than a Laughing Matter!
- 10:45:** Break & Visit Displays
- 11:00:** Panel 2 – Water Quality – What's the Problem?
- 12:30:** Lunch (Light Buffet)
- 1:00:** Free drawing for classes and pies
- 1:30:** Adjournment

FORUM PRESENTERS



WILL LUERA
Improv Institute,
Florida Studio
Theatre



**HEDDA
MATZA-HAUGHTON**
LCSW
Laugh For the
Health of It



LES MCCURDY
McCurdy Comedy
Theatre & Humor
Institute



AARON WATKINS
The Circus Arts
Conservatory



CINDY HEIL, Ph.D.
Mote Marine



**CHARLIE
HUNSICKER**
Manatee County
Parks & Natural
Resources



JON THAXTON
Gulf Coast
Community
Foundation



**AARON WELCH,
Ph.D.**
Two Docks Shellfish

PANEL ONE: HUMOR — MORE THAN A LAUGHING MATTER!

Humor and laughter are seen as having the potential to relieve pain, create a positive outlook, and get through life's numerous stresses. Humor and its related laughter come in various forms. The panel members on humor are experts at understanding and explaining the many subtleties of humor. They will provide us with multiple forms of humor and why laughter is important to our health and wellbeing. This is an opportunity to become engaged and enjoy a giggle or two.

PANEL MEMBERS

Will Luera – Improv Institute, Florida Studio Theatre

Hedda Matza-Haughton – “For the Health of It” Consultation Services, Laugh for the Health of It

Les McCurdy – McCurdy Comedy Theatre & Humor Institute

Aaron Watkins – The Circus Arts Conservatory



PANEL TWO: WATER QUALITY — WHAT'S THE PROBLEM?



Water quality is often taken for granted until an event such as the recent red tide bloom captures public attention. It is becoming more apparent that with increased population growth in SWFL resulting in inadequate sewage treatment capacity, a sizable number of septic tanks still in use, the continuous elevation of fecal bacteria at our beaches, excessive amounts of nitrogen runoffs from lawns; all of which combine to threaten our water quality. Our panel members, drawing upon their respective expertise, will address these issues, explore possible policy and practical changes, and help us see ourselves as part of the solution for improving water quality in this region.

PANEL MEMBERS

Cindy Heil, Ph.D., Mote Marine

Charlie Hunsicker, Manatee County Parks & Natural Resources

Jon Thaxton, Gulf Coast Community Foundation

Aaron Welch, Ph.D., Two Docks Shellfish

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